Disruptions in education and employment for youth on the autism spectrum

**Individual Factors:**
- IQ Score
- Adaptive behavior
- Autism severity
- Behavior problems
- Stress reactivity

**Family Factors:**
- Parental depressive symptoms
- Parental anxiety symptoms
- Parental quality of life
- Family income
- Expressed emotion

“There were no significant associations between group and any of the individual factors (i.e., IQ, adaptive behavior, autism severity, behavior problems, and stress reactivity). In terms of family factors, relative to parents of youth without a disruption, parents of those who experienced a vocational/PSE disruption had higher depressive and anxiety symptoms and lower quality of life when their son/daughter was in high school...” (p.4029)

This material is based, in part, upon work supported by the National Science Foundation under Grant Number 1612090


**Notes:**
- We urge caution when generalizing because this study relied on a relatively small sample of participants with similar demographics (mostly white males).
- Perhaps individual factors would matter as well if the study included a more diverse sample of youth with ASD.

**Resources for Family Support**
- 100 Day Kit (Autism Speaks)
- Documenting and Understanding Parent’s Intervention Choices for Their Child with Autism Spectrum Disorder
- Support Groups (FSU CARD)
- Student and Family Resources (College Autism Network)